

# VEGETARIAN

## Appetizers

### **Ceviche de Setas**

*A citrus-marinated mushroom dish with tomato, avocado, onion, coriander and hot pepper*



### **Humus y Jocoque**

*Humus and buttermilk with onion, olive oil and bread*

### **Honguitos**

*Mushrooms with onion, garlic, parsley and guajillo pepper*

### **Nopalitos**

*Grilled cactus with basil dressing*

### **Guacamole Veggie**

*The famous avocado-based dip, made of ripe avocado, tomato, onion, lemon and coriander*



## Soups

### **Sopa de Verduras**

*Soup of the day, made of our selection of vegetables*

### **Sopa oriental**

*Chinese noodles with mushrooms, spinach and onion*

### **Sopa Oriental Especial**

*Chinese noodles with tofu, mushrooms, spinach and onion*

## Salads

### **Ensalada Cesar Veggie**

**Natural      With tofu**

*Fresh lettuce leaves with Cesar dressing*

### **Ensalada Mexicana**

*Cactus, tomato, onion, avocado, coriander and soya dressing*

### **Ensalada Mediterranea**

*Grilled mushrooms, pepper, zucchini, and onions with basil dressing*

### **Ensalada Verde**

*Lettuce mix with spinach and cucumber with yoghurt dressing*

### **Ensalada Oriental**

**With Tofu      W/Grilled mushrooms**

*Chinese noodles with lettuce, spinach and sweat and sour dressing*

### **Ensalada de Cítricos**

*Lettuce, spinach, tomato, grapefruit, orange and nuts with mustard dressing, balsamic vinegar and sesame oil*



## Rice

### **Oriental**

*With vegetables and soy sauce*

### **Veggie**

*With soya bean sprouts, zucchini, broccoli, spinach and soy sauce*





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## Hamburguesas

### Hamburguesa de Soya

*Soya bean Burger with lettuce, tomato, onion and sautéed potatoes*

### Hamburguesa de Soya Especial

*Soya bean Burger with mushrooms, lettuce, tomato, onion and sautéed potatoes*

## Pastas

### Vegetariana

*Spaguetti with sautéed vegetables and tomato sauce*

### Pomodoro Veggie

*Spaguetti with tomato sauce and olives with a touch of fresh basil*

### Pesto

*Pasta with basil, garlic, olive oil and nuts*

### Exotica

*Pasta with mushrooms, onion, parsley and guajillo pepper*

### Meditarranea

*Pasta with mushrooms, pepper and red wine*

### Tofu

*Pasta with tofu sautéed vegetables and sweet and sour sauce*



## Comida Mexicana

### Tacos Vegetarianos

*Tacos with soya bean fajitas, soya bean sprouts, spinach and sweet and sour dressing, served with guacamole*



### Quesadillas de Champiñones

*Mushroom tacos with tofu, onion, avocado and soya bean sprout*

### Quesadillas de Huitlacoche Veggie

*Huitlacoche tacos with tofu, onion, garlic and epazote*

### Burrito Vegetariano

*With soya bean, tomato, onion, beans, rice and guacamole*

### Calabacitas Mexicanas

*Sautéed zucchini with tomato, onion, chili peppers served with fried beans*

### Enchiladas Vegetarianas

*3 enchiladas filled with spinach, cheese, tomato, lettuce, onion and avocado with green sauce*

### Fajitas Veggie

*Grilled nopal (prickly pear), served on a flour tortilla with tomato, onion and chili pepper with refried beans*

### Chilaquilles Veggie

*Green or red sauce poured over corn tortilla chips with tofu, tomato, onion and avocado with refried beans*